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## **Peeples Valley Fire District**

17275 W Burning Bush Dr. Peeples Valley, AZ 86332 928-427-9400

FREE classes for hands-only CPR with AED and Stop the Bleed

POST DATE July 22, 2023

**Description** Peeples Valley Fire District is offering free non-certifying classes to the community to learn hands-only Cardiopulmonary Resuscitation (CPR) and training on using an Automated External Defibrillator (AED) as well as Stop the Bleed.

## Classes will be offered on August 26 and November 11 9:00 -11:00 AM Old Peeples Valley School 18205 S. Hwy 89, Peeples Valley, AZ

This event is open to all residents aged 14 and older. All classes are limited seating, and attendees must sign-up in advance using the online form. Walk-ins will not be accepted.

Immediate life-saving action is crucial to helping someone in cardiac arrest. You could make all the difference by calling 9-1-1 and starting hands-only CPR. This training provides an easy and effective method for any bystander to double or even triple a cardiac arrest victim's chance of survival. Additionally, using an AED can restore a normal heartbeat rhythm after cardiac arrest, and learning how to operate an AED is essential.

The registration form can be found on the district website <u>https://peeplesvalleyfire.org</u> under the Community Outreach tab or by scanning the QR code below.



Peeples Valley Fire District Website



**Registration Form**